

My Experience with TMI Heartlines, April 2003
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While I suspect that you can have most any experience in all the graduate TMI courses (because you will get to spend more or less time in all the Focus levels), if your primary interest is in OBE, rescue work, or remote viewing, then Heartlines will probably be the least interesting to you. However, if you are interested in opening up channels to experience your true Essence or Spirit Self, or Higher Self (the part of you that is more than your physical body and your ego and your personality), then this program, designed with that intent, is capable of doing that.

We all want love but in doing this program we can experience that we ARE love and so is everyone else. Therefore, with an experienced sense of our ONENESS, we can begin to drop our masks of ego and personality to relate to one another from our Essence.

We had the typical 4-6 tape sessions per day, starting with Focus 10 and going up to Focus 21, but a lot of the time was spent in Focus 18. You may remember that as the rose-colored level when we were working our way from Focus 15-blue to Focus 21-white. This is the heart level—thus, the name Heartlines. During the tapes we worked on identifying and clearing blocks in the energy centers of the body (chakras) with particular emphasis on heart energy.

This program also features a lot of non-tape experiential exercises and activities to help reconnect with Essence. For me, these were as powerful, if not more so, than the tape sessions. I prefer not to list or describe them because I think that would diminish their power for you by turning them into left-brain constructs. I will say that we had fun; if not in the doing, then certainly in the retelling!

The two trainers, Penny Holmes and John Kortum, were perfect for this program. They modeled love and laughter and openness of feelings as well as a sense of playfulness. By knowing their own Essences and not hiding them from us, we could access, acknowledge, and share our Essences with each other by the end of the week.

When I finished Gateway Voyage, I was inspired by all that I could do with what I had learned and experienced. When I finished the Heartlines program, I was filled with awe and gratitude for the privilege of experiencing the ONENESS among the members of my group. For me, Heartlines took the life-changing experience of Gateway Voyage to an even more profound level.